

PSHE

KS3

Year 7		Year 8		Year 9	
<p><i>Personal Development, entitled 'My Future Matters', broadly comprises Enrichment, PSHE & Citizenship (PSHCE) and Character Matters. Discrete PSHCE provision takes place in HT 3 & 4 of Years 7 – 10, & through 3 dedicated days in Year 11. Various elements of MFM & CM are also delivered in tutor time & assemblies, and calendared events throughout the year. Entitlement to Religious Education is met through personal development provision in Year 11.</i></p>	<p>HT2: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT1: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT2: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT1: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT2: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>
<p>HT 3: Health, Wellbeing & Relationships: Pupils evaluate their transition to Ribblesdale, focusing on self-esteem and building positive relationships. Pupils learn about healthy eating and the risks around alcohol, tobacco & other substances, as well as how to manage puberty. Pupils learn about FGM and its consequences. On & offline friendships, diversity, prejudice and bullying are also explored in this unit.</p>	<p>HT 4: Relationships & Living in the Wider World: Pupils study Citizenship, focusing on topical debate. Core British values are covered through issues such as animal welfare, education & the environment. Pupils explore the problem of conflict and how lives have changed since 9/11 & the Manchester bombings. The 2011 riots prompt consideration of violent protest, justice, democracy and sentencing for young people.</p>	<p>HT 3: Rights & Responsibilities, RSE, Health & Wellbeing: Pupils investigate animal ownership, animal rights laws, animal abuse & tackling cruelty. They explore the work of UK charities, creating their own charity campaign. In RSE, pupils explore healthy relationships, recognising unhealthy relationships & getting help. Pupils are introduced to contraception and also learn more about smoking & illegal substances.</p>	<p>HT 4: Relationships, Living in the Wider World: Building on Year 7 work on violent protest, pupils are encouraged to challenge stereotypes, considering the many faces of terrorism and possible influences in their local context. Pupils investigate diversity and equality, as well as learning about democracy and governance in the UK – from Parliament to the local council.</p>	<p>HT 3: Health & Wellbeing, RSE, Living in the Wider World: Pupils study bullying, disability, prejudice & equality. In RSE, healthy sexual relationships are explored, & the surrounding myths exploded. Pupils see condom demonstrations & learn who can help in the event of teenage pregnancy. Arguments for the legalisation of cannabis are investigated, as are the consequences of any drug use. CIAG prepares pupils for Options..</p>	<p>HT 4: Living in the Wider World, RSE, Health & Wellbeing: Pupils consider how positive relationships with school, family & friends can prevent the radicalisation of young people. Pupils discuss the Sophie Lancaster case, considering how prejudice & hatred can be eradicated. They learn more about discrimination through racism in football. RSE focuses on laws around sexting, upskirting and online grooming.</p>
<p>HT 5: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT 6: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT 5: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT 6: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT 5: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT 6:</p>

PSHE

KS4

Year 10		Year 11	
<p>HT1: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT2: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT 1: Physical Education Enrichment Pupils develop and consolidate physical education skills and knowledge gained through Years 7 - 10 through a selection of activities chosen from football, badminton, fitness, powerwalking, yoga, and golf. Activities are delivered both on site and at a range of venues in the local community.</p>	<p>HT2: Physical Education Enrichment & PSHCE Day 1 – My Future Matters: Through workshops & with support from external providers, pupils create a CV, Personal Statement & Action Plan. Pupils investigate a range of careers and then reflect upon their own achievements to produce a personal statement. Pupils also sign up to Start Profile rehearse for mock interviews.</p>
<p>HT 3: Health & Wellbeing, RSE, Living in the Wider World: Pupils explore social media: role models, information sources, negative impact, fake news & photoshopping. Work on budgeting & finance supports future financial security. Pupils learn about legal & illegal substances & addiction, peer pressure & county lines. In RSE, pupils learn about STIs, contraception & pornography. Pupils are encouraged to challenge relationship stereotypes.</p>	<p>HT 4: Relationships & Living in the Wider World: Pupils explore the working world, considering how to get the best from their work experience. RSE asks pupils to consider how a teenage pregnancy might work out, what might be the pros and cons? Pupils investigate what constitutes good parenting the tactics needed to raise a family. Finally, pupils explore the institute of marriage in all its forms.</p>	<p>HT 3: Physical Education Enrichment & PSHCE Day 2 – My Future Matters, Character Matters: Pupils participate in 5 out of 10 available one-hour workshops focused upon mindfulness, mental wellbeing, healthy lifestyles, crime & consequences and future pathways. The remaining 5 workshops are accessed on PSHCE Day 3 in HT 4.</p>	<p>HT 4: Physical Education Enrichment & PSHCE Day 3 – My Future Matters, Character Matters: Pupils participate in the 5 remaining one-hour workshops from a total 10, all of which focus upon mindfulness, mental wellbeing, healthy lifestyles, crime & consequences and future pathways. The initial 5 workshops were completed on PSHCE Day 2 in HT3.</p>
<p>HT 5: Enrichment: Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests & experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities & talents.</p>	<p>HT 6: Early Promotion</p>	<p>HT 5: Physical Education Enrichment Pupils develop and consolidate physical education skills and knowledge gained through Years 7 - 10 through a selection of activities chosen from football, badminton, fitness, powerwalking, yoga, and golf. Activities are delivered both on site and at a range of venues in the local community.</p>	<p>HT 6: Physical Education Enrichment Pupils develop and consolidate physical education skills and knowledge gained through Years 7 - 10 through a selection of activities chosen from football, badminton, fitness, powerwalking, yoga, and golf. Activities are delivered both on site and at a range of venues in the local community.</p>

Notes

Click or tap here to enter text.